

## May 2008 Menu: SAR Academy

Mon	Tues	Wed	Thurs	Fri
			1 Minestrone Soup, sweet and sour meatballs, Rice Pilaf Mixed Vegetables	2 Cream of Spinach Pizza Peas and carrots
5 Rosh Chodesh Navy bean Soup Baked Ziti Steamed Broccoli	6Rosh Chodesh Hearty Vegetable Soup Sloppy Joe on a Whole Wheat Bun Glazed carrots	7 Yellow Split pea soup Grilled cheese on whole wheat bread vegetable medley	8 Yom Ha'atzmuot Lentil Soup Falafel / pita Israeli Salad	9 French Onion Soup Pizza Sautéed spinach
12 Brunch for Lunch	13Vegetarian Chilly Soup Tacos Lettuce, Tomato French Fries	14 Potato Leek Soup Ravioli Steamed Vegetables	15 Butternut Squash soup Breaded Chicken Cutlet Brown Rice/ mixed Vegetables	16 Cream of spinach Pizza Roasted Vegetables
19 Vegetable noodle Soup Cheese blintzes and Potato Blintzes Steamed vegetables	20 Egg drop Soup Hamburgers Whole wheat bun Lettuce, tomato condiments	21 Hearty Vegetable soup Mack n Cheese Sautéed Vegetables	22 Cream of broccoli Soup Bbq Chicken Egg Barley French Green Beans	23 Lag B'omer Corn Chowder Soup Pizza Green Beans
26 No School Memorial Day	27 Chicken Noodle Soup Chicken Nuggets Peas n Carrots Mashed Potato	28 Tomato rice Soup Grilled cheese on Whole Wheat Fish Sticks Peas and carrots	29 Mushroom Barley Soup Meatballs in Marinara Sauce Steamed Broccoli	30 French Onion Soup Pizza Sautéed Spinach