

SAR HIGH SCHOOL JUNE LUNCH MENU

<p>1 Yellow Split Pea Soup Cheese Lasagna Steamed vegetable Medley Three Bean Salad</p> 	<p>2 Lentil Soup Turkey Breast Sandwich on Kaiser Roll Lettuce, Tomato, Condiments Vegetarian Option Potato Salad</p> 	<p>3 Hearty Vegetable Soup Cheese Ravioli Chef's Special Tomato Sauce Steamed Broccoli Steamed Vegetable Medley</p> 	<p>4 Chicken Noodle Soup Chicken Pasta Primavera or Vegetable Pasta Primavera Snow Pea Salad</p> 	<p>5 Butternut Squash Soup Pizza Assorted toppings Sautéed Spinach Tri Color Pasta Salad with Sundried Tomatoes</p> 
<p>8 Navy bean Soup Grilled Cheese on Whole Wheat Peas and Carrots Potato Salad Marinated Vegetables</p> 	<p>9 Minestrone Soup BBQ Chicken Mashed Potatoes Sautéed Vegetables Marinated Cucumber Salad</p> 	<p>10 Vegetable Soup Bean and Cheese Burritos with Sour Cream or Potato Blintzes with Mushroom Sauce Mexican Corn Salad</p> 	<p>11 Chicken Noodle Soup Beef Burgers or Veggie Burgers On Whole Wheat Bun Lettuce, Tomato, Pickle Chips Cole Slaw</p> 	<p>12 Potato Leek Soup Pizza Assorted Toppings Vegetable Medley Antipasto</p> 
<p>15 Minestrone Soup Baked Ziti Steamed Broccoli and Carrots Tomato and Red Onion Salad</p> 	<p>16 Mushroom Barley Soup Sweet and Sour Meatballs Rice Italian Blend Vegetables Vegetarian Option Mushroom and Baby Corn Salad</p> 	<p>17 Tomato Rice Soup Baked Macaroni and Cheese or Baked Breaded Fish Sticks Zucchini and Yellow Squash</p> 	<p>18 Black Bean Chilly Soup Beef Tacos Lettuce, Tomato Vegetarian Tacos Mexican Tossed Salad</p> 	<p>19 French Onion Soup Pizza Assorted Toppings California Blend Vegetables Beet Salad</p> 
<p>22 Rosh Chodesh Tamuz Yellow Split Pea Soup Cheese Lasagna Steamed Vegetable Medley Three Bean Salad</p> 	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>

**SALAD BAR OFFERED DAILY: TUNA AND EGG SALAD, LETTUCE, MESCLUN SALAD MIX
CUCUMBERS, CARROTS, TOMATOES, PEPPERS, BABY CORN, MUSHROOMS, CHICK PEAS,
KIDNEY BEANS, PICKLE CHIPS, BEETS, BLACK OLIVES
BREAD: RYE & WHOLE WHEAT
MINI-BAGELS & FRENCH BREAD
WATER AVAILABLE DAILY
MILK (WHOLE, 1% AND FAT FREE), ASSORTED FLAVORED YOGURTS, AMERICAN CHEESE,
SHREDDED MOZARELLA CHEESE, CREAM CHEESE, BUTTER—(AVAILABLE ON DAIRY DAYS
ONLY)**

**ALL FOOD IS UNDER THE SUPERVISION OF THE VA'AD OF RIVERDALE
ALL FOOD PROVIDED BY FIVE STAR CATERERS**